

# GROUNDS OF Goodness

A SOCIAL ENTERPRISE OF MEALS ON WHEELS QUEENSLAND

Rowe Street, Caboolture

all menu items subject to availability

Monday - Friday, 7am - 2pm



## Take Away Coffee

Cappuccino	4.70	5.50	6.50
Flat White	4.70	5.50	6.50
Latte	4.70	5.50	6.50
Hot Chocolate	4.70	5.50	6.50
Hot Mocha	4.90	5.70	6.70
Chai	4.70	5.50	6.50
Dirty Chai	4.90	5.70	6.70
Long Black	4.70	5.20	6.10
Espresso	4.20		
Piccolo	4.20		
Macchiato	4.20		
Doppio	4.50		
Affogato	5.20		
Tea		\$4.80	

## Smoothies

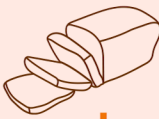
Very Berry	8.50
Green Machine	8.50
Coco Mango	8.50
Choc Banana	8.50

## Milkshakes

Chocolate	6.90
Strawberry	6.90
Vanilla	6.90
Caramel	6.90
Coffee	6.90

## Toast

Sourdough	
(1)	2.50
(2)	4.50
Fruit	
(1)	2.00
(2)	3.50



## Small Bites

Yoghurt Muesli Cup	5.00
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## Cold Milk Drinks

*Served over ice:*

Iced Latte	6.50
Iced Long Black	6.00
Iced Mocha	6.70
Iced Chocolate	6.50
Iced Chai	6.50

*Served with icecream & cream:*

Iced Coffee	7.50
Iced Mocha	7.50
Iced Chocolate	7.50
Iced Caramel	7.50
Iced Strawberry	7.50

## Bottled Drinks

Nu 600ml Water	3.50
Nu 600ml Sparkling Water	4.50
Can of Soft drink	3.00
- Coke	
- Sprite	
- Coke Zero	
Bundaberg Soft drinks	4.50
- Lemon, Lime & Bitters	
- Ginger Beer	
Lipton Peach Iced Tea	5.50
Powerade	6.20

## What's Coming Up?

Grounds of Goodness Café are back for more BBQ Burger Days in 2024!  
Join us on **EVERY FRIDAY from 11am-1:30pm!**

Spice up your holiday season with sizzling BBQ burgers with all proceeds going back to support Meals on Wheels & your community!  
Come together, savour the flavour, and make a difference in 2024.

**\$7.50 Burger or \$10 Burger + Can of Soft drink**



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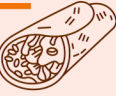
Monday - Friday, 7am - 2pm



## Pastries

Spinach & Fetta Roll	7.50
Beef Sausage Roll	7.50
Filo	12.90
(please ask for flavour of the day)	

## Fresh Wraps



Chicken + Salad	9.90
Ham + Salad	9.50
Chicken Schnitzel	
Tomato, Cheese + Aioli	10.90

## Toasties

Ham + Cheese	7.90
Chicken + Cheese	7.90
Cheese	6.50
Tomato + Cheese	7.50
Chicken Schnitzel + Cheese	8.50

## Fresh Sandwiches

Egg + Lettuce on Grain Bread	7.90
Chicken + Salad on Grain Bread	8.90
Ham + Salad on Grain Bread	8.50



## Sweet Breads

Banana Bread	5.50
Pear and Raspberry Bread	5.50

## Burgers

Chicken Schnitzel Burger	10.50
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pre-order only



## Cookies

White Choc Macadamia	4.00
Chocolate Granola	4.00
Fig + Cranberry (Vegan)	4.00

## Sweet Treats

Choose from a range of sweets in our display cabinet, from \$6.50



## Phone Ordering

# 0447 572 968

Text your order through and we will confirm availability of your items

*Please indicate pickup or delivery time when ordering.*

*For delivery we will require order & payment via phone.*

