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|  | **Facebook** | **Instagram** |
| **Post 1** | /Users/jeremysteven/Desktop/National Record Posts 18 (2).png  **Did you know last year Meals on Wheels services across QLD set the record for most community meals produced in 5 hours with 708 roast chickens? This year we’re planning to smash it on National Meals on Wheels Day, 29 August! Want to be involved? Call us on [INSERT NUMBER] here to find out how you can help!** | /Users/jeremysteven/Desktop/National Record Posts 18 (4).png  **Did you know that Wednesday 29 August marks National Meals on Wheels Day? This is our chance to celebrate our fantastic people that volunteer to help those in need.** |
| **Post 2** | **/Users/jeremysteven/Downloads/National Record Posts 18 (6).png**  **Everyone can order their very own meal this National Meals on Wheels Day! Help us break the record of 708 meals on Wednesday 29 August by ordering a Roast Chicken meal. Get in touch with us to order your Roast Chicken meal today!** | /Users/jeremysteven/Desktop/National Record Posts 18 (2).png  **Did you know last year Meals on Wheels services across QLD set the record for most community meals produced in 5 hours with 708 roast chickens? This year we’re planning to smash it on National Meals on Wheels Day, 29 August! Call us on [INSERT NUMBER] here to find out how you can help!** |
| **Post 3** | **/Users/jeremysteven/Desktop/National Record Posts 18.pdf**  **We can’t wait to tuck into one of our succulent roasts along with hundreds of other Queenslanders on National Meals on Wheels Day. Get yourself your very own roast chicken on Wednesday 29 August – call us today on [INSERT NUMBER] to order your meal today!** | /Users/jeremysteven/Downloads/National Record Posts 18 (3).png  **Our volunteers are dedicated to making history in 2018! We won’t stop till we break the National Record title for most community meals produced in five hours. That's 708 meals. Do you think we can do it? Give us a call today on [INSERT NUMBER] to order your meal and contribute to our tally!** |
| **Post 4** | /Users/jeremysteven/Desktop/National Record Posts 18 (4).png  **Did you know that Wednesday 29 August marks National Meals on Wheels Day? This is our chance to celebrate our fantastic people that volunteer to help those in need.** | **/Users/jeremysteven/Desktop/National Record Posts 18 (5).png**  **When it comes to Meals on Wheels, there's more to what we do than just provide our clients with food. We love to take the time to build relationships, have a chat, and leave our clients with a smile. We cannot wait to bring hundreds of smiles around the state on National Meals on Wheels Day, Wednesday 29 August.** |
| **Post 5** | /Users/jeremysteven/Downloads/National Record Posts 18 (3).png  **Our volunteers are dedicated to making history in 2018! We won’t stop till we break the National Record title for most community meals produced in five hours. That's 708 meals. Do you think we can do it? Give us a call today on [INSERT NUMBER] to order your meal and contribute to our tally!** | **/Users/jeremysteven/Desktop/National Record Posts 18.pdf**  **We can’t wait to tuck into one of our succulent roasts along with hundreds of other Queenslanders on National Meals on Wheels Day. Get yourself your very own roast chicken on Wednesday 29 August - call us today on [INSERT NUMBER] to order your meal today!** |
| **Post 6** | **/Users/jeremysteven/Desktop/National Record Posts 18 (5).png**  **When it comes to Meals on Wheels, there's more to what we do than just providing our clients with wholesome food. We love to take the time to build relationships, have a chat, and leave our clients with a smile. We cannot wait to bring hundreds of smiles around the state on National Meals on Wheels Day, Wednesday 29 August.** | **/Users/jeremysteven/Downloads/National Record Posts 18 (6).png**  **Everyone can order their very own meal this National Meals on Wheels Day! Help us break the record of 708 meals on Wednesday 29 August by ordering a Roast Chicken meal. Get in touch with us to order your Roast Chicken meal today!** |
| **Post 7** | Join us for lunch! We’re gearing up with plenty of roast chicken for the big day – National Meals on Wheels Day! Make sure to put your order in with us for Wednesday 29 August to help Meals on Wheels services across Queensland beat the record for most community meals prepared in five hours! Or if you have the time, you can always lend a hand to help bring a hot, loving meal to those in need. |  |