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|   |  **Continuous Summer Menu**.  Our meals consist of either a Hot Meal or Cold Meat & Salad and three accompanying side dishes. Sandwiches and Frozen meals are also available to add to your meal selection at an additional cost. Special Dietary requirements are available.  |  |
|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **WEEK 1** | Devilled Sausages Black Forrest Cake | Sweet and Sour Pork with RiceVanilla Slice | Roast Chicken with Chicken GravySticky Date pudding and Custard | Pasta BolognaiseCrème Caramel | Fish Cakes with Sweet MayonnaiseBanana Cake and Icing |
| **WEEK 2** | Beef LasagneCustard Danish | Mini Plum Chicken RoastCreamed Rice with fruit | Baked Glazed Ham with GravyBread and Butter Pudding with Custard | Beef and Sweet Potato Curry and RiceYo-Yo Cake | Fish with Lemon and Parsley SauceRaspberry Panna Cotta |
| **WEEK 3** | Chicken Stroganoff and RiceCarrot Cake and Icing | Curried SausagesApple Cake and Custard | Roast Beef and GravyPassionfruit Cheesecake | Chicken and Asparagus PieTrifle | Crumbed Fish with Tartare SauceCreamed Sago and Fruit |
| **WEEK 4** | Chicken ParmigianaApple Slice | Beef and Guinness CasseroleRaspberry Panna Cotta | Roast Pork with Apple sauce and GravySultana Cake and Custard | Quiche LorraineCoconut Creamed Medley of Rice with Blueberries | Tuna Mornay with PastaApple Berry Danish |
| **WEEK 5** | Steak with Mushroom SauceMud Cake  | Italian Chicken with PastaJelly Sago and Custard | Beef PieApple Crumble and Custard | Roast Lamb with Mint GravyBread and Butter Pudding with Custard | Crumbed Fish with Tartare SauceCrème Caramel |
| **WEEK 6** | Ham Steak with Pineapple and CheeseOrange Cake and Icing | Beef Rissole with Tomato and Onion GravyButterscotch Pudding and Custard | Silverside and White SauceStrawberry Custard with Mixed Berries | Butter Chicken and RiceMango Cheesecake | Zucchini QuicheCoconut Creamed Rice and Fruit |
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**Menu Selection**

Consumers may choose their three accompanying side dishes from the selection below. Sandwiches and Frozen meals packages are also available to add to your meal selection at an additional cost.

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| **Main Meal** |
| Hot Meal | Hot meal selection as listed on main menu page.  |
| Cold Meat & Salad | Roast meat, grated Carrot & Cheese, Beetroot, ½ Pineapple slice, Cucumber, ½ hard-boiled egg, Lettuce, Tomato and Chutney/Pickles |

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| **Side Dishes - Choose 1 from each category** |
| Soup | Thick Vegetable Soup (changes Daily) |
| Beverage | Apple Juice, Orange Juice or Milo satchel |
| Dessert | Dessert, Fresh Fruit Salad or Custard |

**Changes to your menu plan can be made at any time by contacting the office on 49280540**

