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|  | **Continuous Summer Menu**.  Our meals consist of either a Hot Meal or Cold Meat & Salad and three accompanying side dishes. Sandwiches and Frozen meals are also available to add to your meal selection at an additional cost. Special Dietary requirements are available. | | | |  |
|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **WEEK 1** | Devilled Sausages  Black Forrest Cake | Sweet and Sour Pork with Rice  Vanilla Slice | Roast Chicken with Chicken Gravy  Sticky Date pudding and Custard | Pasta Bolognaise  Crème Caramel | Fish Cakes with Sweet Mayonnaise  Banana Cake and Icing |
| **WEEK 2** | Beef Lasagne  Custard Danish | Mini Plum Chicken Roast  Creamed Rice with fruit | Baked Glazed Ham with Gravy  Bread and Butter Pudding with Custard | Beef and Sweet Potato Curry and Rice  Yo-Yo Cake | Fish with Lemon and Parsley Sauce  Raspberry Panna Cotta |
| **WEEK 3** | Chicken Stroganoff and Rice  Carrot Cake and Icing | Curried Sausages  Apple Cake and Custard | Roast Beef and Gravy  Passionfruit Cheesecake | Chicken and Asparagus Pie  Trifle | Crumbed Fish with Tartare Sauce  Creamed Sago and Fruit |
| **WEEK 4** | Chicken Parmigiana  Apple Slice | Beef and Guinness Casserole  Raspberry Panna Cotta | Roast Pork with Apple sauce and Gravy  Sultana Cake and Custard | Quiche Lorraine  Coconut Creamed Medley of  Rice with Blueberries | Tuna Mornay with Pasta  Apple Berry Danish |
| **WEEK 5** | Steak with Mushroom Sauce  Mud Cake | Italian Chicken with Pasta  Jelly Sago and Custard | Beef Pie  Apple Crumble and Custard | Roast Lamb with Mint Gravy  Bread and Butter Pudding with Custard | Crumbed Fish with Tartare Sauce  Crème Caramel |
| **WEEK 6** | Ham Steak with Pineapple and Cheese  Orange Cake and Icing | Beef Rissole with Tomato and Onion Gravy  Butterscotch Pudding and Custard | Silverside and White Sauce  Strawberry Custard with Mixed Berries | Butter Chicken and Rice  Mango Cheesecake | Zucchini Quiche  Coconut Creamed Rice and Fruit |
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**Menu Selection**

Consumers may choose their three accompanying side dishes from the selection below. Sandwiches and Frozen meals packages are also available to add to your meal selection at an additional cost.

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| **Main Meal** | |
| Hot Meal | Hot meal selection as listed on main menu page. |
| Cold Meat & Salad | Roast meat, grated Carrot & Cheese, Beetroot, ½ Pineapple slice, Cucumber, ½ hard-boiled egg, Lettuce, Tomato and Chutney/Pickles |

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| **Side Dishes - Choose 1 from each category** | |
| Soup | Thick Vegetable Soup (changes Daily) |
| Beverage | Apple Juice, Orange Juice or Milo satchel |
| Dessert | Dessert, Fresh Fruit Salad or Custard |

**Changes to your menu plan can be made at any time by contacting the office on 49280540**

