

Menu

GLASSHOUSE
COUNTRY MEALS
OUR KITCHEN TO YOURS



2026 - ISSUE 2

V-VEGETARIAN, GF-GLUTEN FREE

FAMILY FAVOURITES

Frozen

JUICY BEEF RISSOLES (GF)

Homemade succulent beef rissoles and onion gravy, served with mashed potatoes, peas, carrots and gravy.

BRAISED LAMB SHANK (GF)

Tender slow braised lamb shanks in a rich, minted gravy, served with mash and steamed vegetables.

PORK SAUSAGES (GF)

Traditional English pork sausages coated in rich gravy, served with mashed potatoes, peas and carrots.

BEEF SILVERSIDE WITH MUSTARD AND PARSLEY SAUCE (GF)

Tender silverside with a creamy mustard and parsley sauce, served with mash and steamed vegetables.

SIDE OF VEGETABLES (V) Small meal only

Selection of fresh steamed vegetables, accompanied by a serve of creamy mashed potatoes.

SALADS

Fresh

GARDEN SALAD (V, GF)

Fresh tossed salad with dressing on the side.

GARDEN SALAD WITH HAM (GF)

Fresh tossed salad with sliced smoked ham.

GARDEN SALAD WITH CHICKEN (GF)

Fresh tossed salad with roast chicken breast.

ROASTED PUMPKIN, FETTA & ROCKET (GF)

Fresh salad tossed with roasted pumpkin, fetta, and walnuts. Served with a balsamic dressing.

PIES AND PASTRIES

Frozen

BEEF AND MUSHROOM PIE

Slow cooked diced beef topside in a rich mushroom gravy, served with mash and vegetables.

BEEF MINCE PIE WITH BACON AND CHEESE

Homemade rich bacon and cheese mince pie, served with mash and vegetables.

CHICKEN, LEEK AND ASPARAGUS QUICHE

Tender chicken, braised leek and asparagus quiche served with mash and vegetables.

VEGETARIAN QUICHE (V)

Homemade vegetarian quiche served with steamed vegetables and roast potatoes.

SANDWICHES AND WRAPS

Fresh

Fresh made sandwiches on white or wholemeal.

HAM, CHEESE AND TOMATO

EGG AND LETTUCE (V)

CORNED BEEF & MUSTARD PICKLE

CAESAR SALAD WRAP

Chicken breast, bacon, lettuce and parmesan in a creamy caesar dressing wrapped in a tortilla.

EGG SALAD WRAP (V)

Egg salad wrapped in a tortilla and fresh salad vegetables.

SNACK BOX (GF)

Fresh

Freshly cut vegetables, hummus dip, cheese and crackers, with or without kabana.

DESSERTS

Frozen

STICKY DATE PUDDING

NEW YORK BAKED CHEESECAKE (GF)

TRIO OF VELVETY MOUSSE (V, GF)

Chocolate, vanilla and caramel

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ROASTS

Frozen

ROAST CHICKEN (GF)

Fresh roasted chicken breast with baked potatoes, roasted pumpkin, fresh steamed vegetables and gravy.

ROAST BEEF (GF)

Tender roast topside of beef with baked potatoes, roasted pumpkin, fresh steamed vegetables and gravy.

ROAST PORK (GF)

Succulent roast pork loin with baked potatoes, roasted pumpkin, fresh steamed vegetables and gravy.

MEDLEY OF ROAST VEGETABLES (V, GF)

Medley of seasonal roasted vegetables in virgin olive oil and fresh herbs, dressed with a light gravy. Vegetables may include potato, pumpkin, carrot, squash, field mushroom, zucchini, cherry tomatoes, beetroot, fennel, parsnips, cauliflower.

FROM THE SEA

Frozen

BARRAMUNDI WITH LEMON AND PARSLEY SAUCE (GF)

Oven grilled barramundi fillet with lemon butter and coated with a velvety lemon and parsley sauce. Served with mashed potatoes and fresh steamed vegetables.

TUNA PASTA MORNAY

Poached yellowfin tuna, flaked and tossed through penne pasta in a creamy mornay sauce. Served with vegetables.

A TASTE OF ASIA

Frozen

LAMB KORMA (GF)

Diced lamb leg marinated in yogurt and fragrant spices. Cooked in a rich, aromatic and velvety curry gravy (mild), thickened with cashew paste. Served with basmati rice.

CHAR SIU PORK LOIN (GF)

Pork loin marinated in garlic, ginger and char siu sauce. Reverse seared and topped with a creamy balsamic and soy reduction sauce. Served with steamed greens and jasmine rice.

VEGETABLE CURRY (V, GF)

Selection of vegetables and chickpeas braised in an aromatic, mildly spiced curry gravy with tomato and finished with coconut cream and coriander. Served with basmati rice.

PASTA

Frozen

CHICKEN AND PRAWN ROSE LINGUINE

Linguine tossed with tender strips of chicken and prawn cutlets cooked in a white wine and cream sauce with a hint of tomato.

PENNE CARBONARA

Penne pasta tossed in a classic bacon, mushroom, garlic, white wine and cream sauce. Topped with a sprinkle of parmesan and fresh chopped parsley. Served with a side of fresh steamed vegetables.

VEGETABLE LASAGNE (V)

Layers of grilled vegetables, baby spinach, Italian durum wheat pasta sheets, rich tomato Napoli and creamy garlic sauce. Topped with grated cheese and ricotta.

Frozen

SOUPS

All varieties available to order.

Served with a crusty bread roll & butter.

LEEK AND POTATO SOUP (V, GF)

CREAMY PUMPKIN SOUP (V)

VEGETABLE AND BARLEY SOUP (V)

HEARTY BEEF AND VEGETABLE SOUP

RICH PEA AND HAM SOUP