



**MEALS ON WHEELS
NATIONAL CONFERENCE**
30 SEPTEMBER TO 2 OCTOBER 2009
HILTON · BRISBANE



PRELIMINARY AMOWA CONFERENCE PROGRAM

WEDNESDAY 30TH SEPTEMBER

- 1600 – 1730 Registration
- 1700 – 1730 Annual General Meeting
- 1730 – 1900 **Welcome Reception held in the Exhibition Area**

THURSDAY 01ST OCTOBER

- 0800 – 0830 Registration
- 0830 – 0910 Conference Opening by **Leon Holmes, President, AMOWA**
Welcome and Opening Address by Minister for Ageing- The Honourable **Justine Elliot MP**
- 0910 – 1000 Session - Volunteering: The Moving Frontier - **Melanie Oppenheimer**
- 1000 – 1015 State Vignette Presentation – Tasmania
- 1015 – 1030 State Vignette Presentation – Queensland
- 1030 – 1100 **Morning Tea held in the Exhibition area**
- 1100 – 1200 Nutritional Frailty – adult failure to thrive - **Dr Robert Penhall MBBS,FRACP** - Director of the Department of Geriatric and Rehabilitation Medicine, Royal Adelaide Hospital
- 1200 – 1230 Nutritional Care for dementia clients receiving Meals on Wheels – Karen Abbey, Dietician, Manager Resident Support Services, Nambucca Valley Care Ltd
- 1230 – 1330 **Lunch held in the Exhibition area**
- 1330 – 1340 Presentation by Department of Communities
- 1340 – 1350 State Vignette Presentation – NSW
- 1350 – 1400 State Vignette Presentation – Victoria
- 1400 – 1430 Falls, Injury Prevention, Healthy Bones & Muscle Strength – **Vanessa Gregory, HACC** Resource Unit, The Prince Charles Hospital
- 1430 – 1500 'How to write funding proposals that *REALLY* work' – **Peter Holdsworth**, Director, Pathways Australia
- 1500 – 1530 **Afternoon Tea held in the Exhibition area**
- 1530 – 1615 CONCURRENT WORKSHOPS
- a) Kitchen Safety – **Jaquie Krassie** - Dietitian & Food Service Consultant, Krassie & Assoc
 - b) Tax for Volunteers – **Vince Dwyer**, ATO
 - c) How to get the support you need from companies in your area' - **Peter Holdsworth**, Director, Pathways Australia
- 1615 - 1700 REPEAT OF WORKSHOP SELECTION
- 1700 End of business sessions
- 1900 - 2200 **Angelo Po Conference Gala Dinner** – to be held at the Brisbane City Hall,



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FRIDAY 2ND OCTOBER

- 0800 - 1830 Registration
- 0830 - 0900 Keynote Speaker – **Samantha Riley**
- 0900 - 0930 Nutrition Australia / Nestle' – (speaker tbc)
- 0930 - 1000 'Meals for Independence & Rehabilitation Program' an intensive nutrition Program for community dwelling older people –
Kaye Dennison, Clinical Specialist Dietitian, Needs Assessment Team, Manukau District Health Board, New Zealand
- 1000 - 1030 Ready Steady Cook – working with the community – **Dominique Rizzo & Matt Golinski**
- 1030 – 1100 ***Morning Tea held in the Exhibition area***
- 1100 – 1140 HACC Issues, Priorities and Directions – (speaker tbc)
- 1140 – 1150 State Vignette Presentation - SA
- 1150 – 1200 State Vignette Presentation – WA
- 1200 – 1230 Dental Care is Healthy Aged Care – (speaker tbc)
- 1230 – 1330 ***Lunch held in the Exhibition area***
- 1330 – 1415 Tai Chi in the Kitchen! – *performing safe manual task at work* - **Sara Warren**, Physiotherapist, Pinnacle Workplace Consultants
- 1415 – 1515 "Making the media work for you". – Malcolm Cole, Colelawson Communications
- 1515 Conference Close